

Transition Summary

A concise, updateable summary for transferring health information and preparing for the first adult-care visit.

Name	Date of birth
NF diagnosis or condition	Summary last updated

Current NF and health overview

Important NF manifestations, tumors, symptoms, or functional concerns

What is being monitored, why, and the planned schedule

Major surgeries, procedures, treatments, complications, and responses

Current treatment and care team

Medications, doses, and purpose	Allergies or important reactions

Pediatric NF team and contacts	Primary care and other specialists

Communication, accessibility, decision-support, or caregiver preferences

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Important results and open plans

Most relevant imaging or test results, dates, and where images are stored

Genetic-test, pathology, or operative-report details

Pending results, referrals, authorizations, refills, or follow-up

Emergency plan, urgent warning signs supplied by the care team, and whom to contact

Records to transfer or take

- ☐ Current transition/medical summary, medication list, allergies, and care-team contacts.
- ☐ Relevant clinic notes, monitoring plan, recent laboratory results, and immunization record if requested.
- ☐ Imaging reports and the actual image files or sharing instructions when requested—not only screenshots.
- ☐ Genetic test reports, pathology reports, and important surgery, procedure, or treatment records.
- ☐ Insurance card, photo identification, referral or authorization, and the receiving clinic's forms.
- ☐ Emergency plan and any decision-support, consent, guardianship, power-of-attorney, or accommodation documents that apply.

First adult visit

Adult clinic/provider

First visit date

Top questions and what I need the new team to understand