

One-Page NF Health Summary

A concise overview to share with a new provider or use when organizing your records.

Name	Date of birth
NF diagnosis	Date diagnosed (if known)

Important NF history

Important NF manifestations or health concerns

Tumors or areas currently being monitored

Important surgeries, procedures, or treatments

Current information

Current medications and doses	Allergies or important reactions
Most recent important imaging and date	NF specialist or coordinating provider

What I want providers to understand about my care